MONTMORENCY THE CHERRY WITH MONTMORENCY

MONTMORENCY TART CHERRIES CROP UP IN MORE SNACKS, JUICES, AND BAKERY ITEMS

Leading food companies are adding Montmorency tart cherries to a host of products because of their bright red color and sweet-tart taste. Or is there more to it? You'll find more than 50 studies exploring the potential benefits of the Montmorency varietal, ranging from inflammation and exercise recovery to sleep. So take a new look at Montmorency tart cherries, and see what this North American superfruit can do for you.

To source the cherry with more, go to www.cherryprocessor.com

